



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**

JOSH STEIN • Governor

DEVPUTTA SANGVAI • Secretary

CARLA WEST • Acting Director, Division of Aging

**DIVISION OF AGING, ADMINISTRATIVE LETTER 25-07**

**TO:** Area Agency on Aging Directors

**FROM:** Carla West, Acting Director *Carla West*

**DATE:** November 14, 2025

**RE:** **Revised Home and Community Care Block Grant Mental Health Counseling Policies/ Procedures and Monitoring Tool**

This communication provides guidance regarding the Home and Community Care Block Grant Mental Health Counseling Policies and Procedures, as well as the Monitoring Tool. This change is effective January 1, 2026.

Changes are being implemented to align with the revised definition of "qualified professional." This definition now includes registered nurses and recognizes pre-graduate or pre-bachelor's degree hours gained through pre-or post-degree supervised mental health, developmental disabilities, or substance abuse experience. Mental health counseling services must be delivered by a "qualified professional" as specified in N.C. Administrative Code 10A NCAC 27G.0104.

The revised documents are attached and available on the Division of Aging website.

<https://www.ncdhhs.gov/divisions/aging/monitoring/daas-monitoring-service-standards>

<https://www.ncdhhs.gov/divisions/aging/funded-partner-resources/programmatic-monitoring-tools>

Please contact Division of Aging's Adult Day Care Consultant, Terrie Deal, [terrie.deal@dhhs.nc.gov](mailto:terrie.deal@dhhs.nc.gov) with any questions you may have.

CW/TK/RF/TD/pg

**NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF AGING**

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