

Services* Eligible For Home and Community Care Block Grant Funding – SFY 2026

**Note: This document provides a basic explanation of various services. It is not intended to replace the North Carolina Service Standards. The North Carolina Service Standards should be consulted to determine exact service requirements.*

Adult Day Care

The provision of group care and supervision, in a place other than their usual place of abode on a less than 24-hour basis, to adults who may be physically or mentally disabled. Transportation is an optional service that the provider may opt to offer to participants. Services must be provided in a center certified to meet NC State Standards for Adult Day Care Programs. A unit of service equals one scheduled day of attendance.

[Number of Counties in Region G in SFY 2026: 5.]

Adult Day Health

A service that provides an organized program of services during the day in a community group setting for the purpose of supporting older adults and adults with disabilities' independence, and promoting their social, physical, and emotional well-being. Adult Day Health Care services must include health care services as outlined in the North Carolina Adult Day Care and Day Services Standards for Certification established by the North Carolina Social Services Commission. Transportation is an optional service that the provider may opt to offer to participants. A unit of service equals one scheduled day of attendance.

[Number of Counties in Region G in SFY 2026: 3.]

Care Management

Care management is a coordinated care function which incorporates case finding, assessment/reassessments, negotiation, care plan development and implementation, monitoring, and advocacy to assist functionally impaired older adults with complex care needs in obtaining the services necessary to be safely cared for within the home and community setting. Care management is a non-unit service.

[Number of Counties in Region G in SFY 2026: none.]

Congregate Nutrition

The provision of a meal in a group setting in which a range of social and supporting services are available that provides 1/3 of the Recommended Daily Dietary Allowance. A unit of service equals one meal served to an eligible individual.

[Number of Counties in Region G in SFY 2026: 12.]

Consumer Directed Services

Consumer Directed Service is a term that implies both a method of service delivery as well as a basic direct service. It is an appropriate way for someone who has the capacity to control and direct the activities of someone else to meet their care to be able to remain independent in their home setting. The person is able to choose the individual who will help them meet home management and personal care needs and negotiates the rate of pay as well as the day and time they want the help provided. The program enables a person to exercise choice about who will help them for a negotiated rate of pay, what they want the person to do, and how and when they want the help to be provided. Program participants make independent decisions about their care and accept responsibility for their choices regarding the care including the quality of their care. Consumer Directed Services is a non-unit service.

[Number of Counties in Region G in SFY 2026: none.]

Group Respite

Group Respite is the provision of temporary relief for caregivers. A caregiver is an unpaid person who assists a care recipient. The service is provided through a carefully designed, affordable program that utilizes existing community resources and strengths. It is a safe setting where caregivers can take their care recipients who do not require personal (hand-on) care while in attendance at the Group Respite program. It offers participants (care recipients) opportunities for socialization and a variety of activities. The program is required to operate a minimum of three (3) continuous hours per day, but not more than six (6) continuous hours per day for no more than four (4) days per week. A unit of service equals one day of attendance.

[Number of Counties in Region G in SFY 2026: 1.]

Health Promotion and Disease Prevention

Provision of allowable services which promote the health and wellness of eligible older adults. These allowable services may differ from those eligible under Title III-D. Health Promotion and Disease Prevention is a non-unit service.

[Number of Counties in Region G in SFY 2026: none.]

Health Screening

General medical testing, screening, and referral for the purpose of promoting the early detection and prevention of health problems in older adults. Health Screening is a non-unit service.

[Number of Counties in Region G in SFY 2026: none.]

Home Delivered Meals

The provision of a home delivered meal to an eligible individual who is homebound by reason of illness, incapacitating disability or is otherwise isolated, that provides 1/3 of the Recommended Daily Dietary Allowance. A unit of service equals one meal served to an eligible individual.

[Number of Counties in Region G in SFY 2026: 12.]

Home Health Services

Home Health is the provision of skilled health care in the home which has been prescribed by a physician. Allowable activities include: skilled nursing; physical therapy; speech therapy; occupational therapy; medical social services; and nutrition care services. A unit of service equals one home visit for each allowable Home Health activity.

[Number of Counties in Region G in SFY 2026: none.]

Housing and Home Improvement

Housing services support independent living by providing information to individuals and families to enable them to obtain housing, retain the housing they have or return to independent housing. Home improvement services identify health and safety issues affecting the home or areas adjacent to the home in which an individual or family lives and provides needed improvements to resolve those issues. Housing and Home Improvement is a non-unit service.

[Number of Counties in Region G in SFY 2026: 2.]

In-home Aide

The provision of paraprofessional services which assist functionally impaired older adults and/or their families with essential home management and/or personal care tasks to enable the older adult to remain at home as long as possible. A unit of service equals one hour.

[Number of Counties in Region G in SFY 2026: 9.]

Information and Options Counseling

Information, Assistance & Options Counseling are seen as single components of the continuum of access services. "Information" includes informing people about programs and services, identifying the types of assistance they need and connecting them to appropriate service providers. "Assistance" is a more intensive service for those persons who require additional help with negotiating the service delivery system. "Options Counseling" is an interactive process where individuals receive guidance in their deliberations to make informed choices about long-term supports. The expectation for Information and Options Counseling is that the agency staff receiving the contact should use a person-centered approach to make sure the individual's needs have been fully addressed. Information and Options Counseling is a non-unit service.

[Number of Counties in Region G in SFY 2026: 5.]

Institutional Respite Care

The temporary placement of an older adult who requires constant care and/or supervision out of his/her home to provide their unpaid, primary caregiver relief from caregiving responsibilities. A unit of service equals one hour.

[Number of Counties in Region G in SFY 2026: none.]

Mental Health Counseling

Mental Health Counseling is a service which incorporates case consultation, evaluation, and outpatient treatment to older adults who are experiencing mental health problems. Mental Health Counseling is a non-unit service.

[Number of Counties in Region G in SFY 2026: none.]

Overnight Respite

Overnight Respite is defined as the provision of group care and supervision in a place other than the overnight respite participant's usual abode on a 24-hour basis for a specified period of time to adults who may be physically or mentally disabled in order to provide temporary relief for the identified unpaid, primary caregiver. The provision of overnight respite services for each adult shall not exceed 14 consecutive calendar days or more than 60 total calendar days during a 365-day period. For this service, the overnight respite participant is the recipient of the overnight respite services. A unit of service is (1) one overnight stay on a 24-hour basis regardless of arrival or departure time to the overnight respite facility.

[Number of Counties in Region G in SFY 2026: none.]

Senior Center Operations

Operation of a multipurpose senior center includes the provision of a broad spectrum of services and activities for older adults. The primary objectives of a multipurpose senior center are: the centralized provision of services which address the special needs of older adults; opportunities for older adults to become more involved in the community; and the prevention of loneliness and premature institutionalization by promoting independence and wellness. Senior Center Operations is a non-unit service.

[Number of Counties in Region G in SFY 2026: 9.]

Senior Companion

Senior Companion Services serve a dual purpose. First, the Senior Companion program creates part-time stipend volunteer community service opportunities for low-income persons aged 60 and over. Secondly, the program provides one-on-one supportive services to assist adults having exceptional needs, developmental disabilities, or other special needs for companionship. A unit of service equals one volunteer hour spent with an older adult by a Senior Companion.

[Number of Counties in Region G in SFY 2026: none.]

Transportation

A service which provides travel to and/or from community resources such as medical appointments, nutrition sites, and adult day programs or other designated areas for older adults needing access to services and activities necessary for daily living. A unit of service equals a one-way trip provided to an eligible client.

[Number of Counties in Region G in SFY 2026: 10.]

Volunteer Program Development

The development and operation of a systematic program for volunteer participation. The service is intended to involve volunteers of all ages in providing services to older adults while also providing community service opportunities for older adults. Volunteer Program Development is a non-unit service.

[Number of Counties in Region G in SFY 2026: none.]